Directions - Section 1 The Inn at Freshford - The Cross Guns

- Turn right out of the car park, over the bridge and follow the road round to the right.
- After 30yds, cross the stile on the right signposted "Public Footpath" and follow the path across the fields towards the buildings ahead of you.
- At the far side of the field, beside the derelict mill, cross the stile and turn left, heading up the narrow road until you reach the top.
- At the top of the road turn right, down the narrow lane, signposted "Iford (Only)". After 0.5 mile you will reach Iford.
- Keeping the large Manor House to your left and the river to your right, continue straight ahead for 0.5 mile up the steep hill towards Westwood.
- Upon reaching the "Iford Hill" sign at the top, bear right along the road towards the village.
- Take the first left turn opposite the bus stop and head up "The Pastures", following the "Public Footpath" sign.
- Take the 2nd turn on the left, beside house no.41 and follow the narrow public footpath between nos. 45 and 47, between the fencing panels.
- After climbing down the stile at the end of the footpath, turn right.
- Upon reaching Westwood Nursery and a red telephone box on your right, take the left turn opposite.
- As the road bears left, take the footpath to the right, opposite Westwood Motors, go through the metal "step-through" and head downhill, following the footpath through the woods.
- Go straight through the gate at the bottom and head down the steep hill towards Avoncliff.
- Pass between the "No Entry" signs, go down the steps to the right, walk under the aqueduct and you will see The Cross Guns straight ahead of you.

Directions - Section 2 The Cross Guns - The Inn at Freshford

- Heading away from The Cross Guns, pass back under the aqueduct, continue straight along the track with the river to your right and the large yellow building Ancliff Square to your left.
- Go through the kissing gate at the end of the track and head along the footpath, keeping the river to your right.
- Continue along the footpaths, through a field and beside some woods, always keeping the river to your right. You will pass through another three kissing gates before emerging into a large field, from where you will see

The Inn at Freshford straight ahead of you.



THE TWO VALLEYS WALK

Start point: Inn at Freshford car park

O/S Ref: ST 791 600

Approx. Distance: 3.5 miles
Approx. Time: 1.5 hours

Terrain: Footpaths, fields, quiet country lanes

